

*“There is something in the human voice that is unlocked when we sing that isn’t there when we speak.”*

George Martin, producer of the Beatles records

## A – U – M

**A workshop with Krishnadhyanam (Richard Roberts)**

**Wiggington Community Centre, York YO32 2PH**

**10am – 4pm, Saturday August 7<sup>th</sup>**

This workshop will focus on the mantra Aum (Om), its significance, effects and how it resonates within the body. The day will also be an introduction to the Sanskrit language and to Vedic chanting.

You are also invited to an evening of kirtan (chanting), on Friday evening 6<sup>th</sup> August in Easingwold. We will be chanting together and KD will be singing some chants from his latest CD and showing some photographs of the work of Nirvanavan Foundation in Rajasthan, India. This evening is FOC. Donations for Nirvanavan. If you are new to chanting or nervous about singing, then it is fine just to come along and listen!!

No previous experience is necessary.

To book: contact: Jayadhara (Jane Cluley)

07906 652669 janecluley@tiscali.co.uk www.yogandshiatsu.org.uk

KD has been developing his ‘sing out’ work since 1980. Inspired initially by work with the Roy Hart Theatre in the 1970’s, he has studied with teachers in Europe and India and his teaching experience ranges from infant school to university. He spends six months each year in India, helping with the charitable work of Nirvanavan Foundation.

www.nirvanavan.org.uk www.krishnadhyanam.co.uk



### A-U-M Workshop - Booking Form

Please enclose **£30** in full payment, cheques payable to J. Cluley, please.

Name: .....

Address: .....

.....Postcode.....

Tel: ..... Mobile: .....

E-mail: .....

**Please return to: 3 Pebble Court, Easingwold, York YO61 3PJ**

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